



# 6 Ways To WIN Before Your Presentation Even Begins

Courtesy of **beth-ann galvin**

**1** Believe that you, AND what you have to say matters.

**2** Use simple words and accessible phrasing.

**3** Your visual support should add clarity to your message and not confuse your audience.

**4** Rehearse until you can't get it wrong.

**5** Inhale and exhale slowly 4 or 5 times just before you go on stage.

**6** Dressing for success will boost your confidence and impress the audience.

**Click here** to read Beth-Ann's full-length blog article on this topic.

**Beth-Ann Galvin** is the Founder and MD of Business Communication Skills Holdings, as well as a sought-after executive presentation coach, trainer and speaker. She has a 30-year track record of delivering top-shelf Business Presentation, Communication, Customer Service and Sales Skills training solutions, and has earned the reputation of being "The Presentation Fixer".

